

Dr M Abdelrahman
Dr E R Breene
Dr K A M Davey



Dr C D Hewitt
Dr C T Morgan
Dr W M Murray

Cardiovascular Disease (CVD) Prevention and Diagnosis Your Invitation to Better Heart Health

Dear Patient

We are writing to you because you are eligible for a valuable service that can help protect your heart health. The Scottish Government have provided the practice with access to limited funding to offer a specific service to prevent and diagnose Cardiovascular disease.

We have identified that you may be at higher risk for heart disease, for example due to having a higher blood pressure or cholesterol level, a family history of heart disease, or a recent check that has identified potential areas for improvement in your heart health.

The benefits of participating in the service include:

- Early detection and management of risk factors to reduce the risk of serious heart conditions
- Personal advice and support to improve your heart health
- The service is free and available on the NHS to eligible patients

What we can offer:

- Blood pressure checks and guidance on managing it
- Cholesterol testing and strategies to lower levels if needed
- General advice on improving heart health including diet and exercise
- Screening for diabetes

Please contact the practice on Tel. 01224 208312 to book a screening appointment with our Treatment Room Nurse.

Yours sincerely
Garthdee Medical Group